

ADULT DAY CARE CENTER OF LAS VEGAS

NOVEMBER 2018

LUNCH MENU SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
1) Cream of Potato Soup Country Fried Steak Mashed Potatoes/Gravy Broccoli Sliced Peaches	2) Tomato Soup House Salad Baked Ziti & Italian Sausage w/ Peppers Yellow/Green Squash Orange Slices	3) Veggie Soup Sloppy Joes w/ Cheese on Wheat Bun Sun Chips Sliced Pears *OATMEAL CRISP*	4) Chicken Vegetable Soup Teriyaki Turkey w/ Stir Fry Veggies Over Brown Rice Pineapple Slices	5) Vegetable Soup Tuna Melt on Rye Bread Corn Chips Cucumber Salad Peach Cobbler	6) Chicken Veggie Soup BBQ Sloppy Joes on a Bun Potato Salad Mixed Fruit Salad *TEA SOCIAL*	7) Chicken Noodle Soup Spinach Turkey Wrap Macaroni Veggie Salad Homemade Baked Sun Chips Sliced Pears
8) Green Salad Old Fashioned Vegetable Beef Stew Brown Rice Corn Bread Yogurt w/ Granola *WARM APPLE DAY*	9) Veggie Soup Turkey and Spaghetti Casserole Green Beans Orange Slices	10) Beef Veggie Soup Chicken Tenders Green Beans Sweet Potatoes Peach Slices	11) Beef Barely Soup Baked Chicken Cauliflower Mac & Cheese Sliced Pears	12) Cream of Broccoli Soup Swedish Turkey Meatballs Pesto Noodles Peas & Carrots Sliced Pears	13) Egg Drop Soup Asian Sweet/Sour Chicken Fried Rice Asian Veggies Orange Slices	14) Split Pea Soup Green Salad Lemon Baked Fish Herb Roasted Potato Mixed Veggies Yogurt Fruit Parfait
15) Churros w/ Apple Slices Chili Bean Soup Beef Taco w/ Lettuce, Cheese, and Tomatoes Spanish Rice	16) Thanksgiving Lunch Green Salad Roast Turkey Mashed Potatoes Green Beans Cranberry Sauce Pumpkin Pie	17) Chicken Veggie Soup Turkey Cheese Pizza Green Salad Sliced Pears	18) Chili Beans Soup Beef Tacos w/ Cheese, Lettuce, Tomatoes Sun Chips Sliced Pears	19) Turkey Noodle Soup Grilled Turkey & Cheese Corn Chips Green Salad Pineapple	20) Beef Barley Soup Baked Chicken Fingers Sweet Potatoes Green Salad Banana Pudding *HOT COCOA DAY*	21) Cream of Veggie Soup Oven Fried Fish Hush Puppy Potato Wedges Green Salad Cinnamon Peaches
CLOSED Thanksgiving Day 	22) Beef Vegetable Soup Grilled Hamburgers w/ Lettuce & Tomato Sun Chips Sliced Pears	23) Green Salad Vegetable Beef Stew Corn Bread Yogurt w/ Fruit *APPLE CRISP*	24) Green Salad Vegetable Beef Stew Corn Bread Yogurt w/ Fruit	25) Veggie Soup Fried Catfish Nuggets Oven Baked Potato Wedges Mixed Fruit	26) Black Bean Soup Green Salad Chicken Enchiladas Spanish Rice Refried Beans Yogurt w/ Pears *PEACH COBBLER*	27) Beef Vegetable Soup Southwest Turkey Club Roll up w/ Lettuce & Tomato Potato Salad Strawberries & Cream
28) French Onion Soup Beef Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetables Cinnamon Apples	29) Veggie Soup Turkey Spinach Lasagna Green Salad Sliced Oranges	30) Cream of Spinach Soup Rotisserie Style Chicken French Bread Mixed Fruit Salad				

***2% Milk is offered during all Meals and Snack times.**