

# ADULT DAY CARE CENTER OF LAS VEGAS

**DECEMBER 2018**

LUNCH MENU SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: right;"><b>30)</b></p> <p>Cauliflower Cheddar Turkey Kielbasa w/sauerkraut Potato salad green beans Rolls Crackers Pineapple <b>GERMANY</b></p>	<p style="text-align: right;"><b>31)</b></p> <p>Potato Kale Soup Irish Shepard's Pie beef Scalloped Potato Cabbage Roll Cracker Irish Apple Cake <b>IRELAND</b></p>					<p style="text-align: right;"><b>1)</b></p> <p>Chicken Tortilla Chicken cheese Enchiladas-Tortilla Mexican-Rice Black Beans Cornbread Melons <b>MEXICO</b></p>
<p style="text-align: right;"><b>2)</b></p> <p>Lentil Soup Hungarian Goulash beef Egg noodle Hungarian Cucumber Salad Mixed Fruits <b>HUNGARY</b></p>	<p style="text-align: right;"><b>3)</b></p> <p>Vegetarian Moroccan Soup Baked African Chicken Egyptian Rice Lentil Cabbage Dish Sliced Oranges <b>AFRICA</b></p>	<p style="text-align: right;"><b>4)</b></p> <p>Chicken Matzo Ball Baked Chicken Lentils &amp; Rice Spinach Chickpeas Fresh Dill Peaches <b>ISRAEL</b></p>	<p style="text-align: right;"><b>5)</b></p> <p>Chicken Rice Soup Chicken Noodles Sautéed Green Beans Banana slices <b>PHILIPPINES</b></p>	<p style="text-align: right;"><b>6)</b></p> <p>Turkish Red Lentil Soup Turkish Kebabs w/ Haydari -Pita Zucchini w/ Dill Yogurt Sauce Mixed Fruit <b>TURKEY</b></p>	<p style="text-align: right;"><b>7)</b></p> <p>Beef Sausage Chicken Marsala Mushroom Risotto Garlic Parmesan Asparagus Yogurt w/fruit <b>ITALY</b></p>	<p style="text-align: right;"><b>8)</b></p> <p>Beef Soup Bake Fish baked Chips Hush Puppies Roasted Brussel Sprouts Pears Roll <b>ENGLAND</b></p>
<p style="text-align: right;"><b>9)</b></p> <p>Chicken Soup Mixed salad Sautéed Beef Beans Rice Bread Pudding <b>PUERTO RICO</b></p>	<p style="text-align: right;"><b>10)</b></p> <p>White Chicken Chili Auzzie Shearer's mincemeat &amp; Potato Pot Pie-Quinoa Black Beans Roll Peaches <b>AUSTRALIA</b></p>	<p style="text-align: right;"><b>11)</b></p> <p>Japanese Chicken Soup Chicken Noodle Zucchini &amp; Onion Stir-Fry Japan Fruit Pie slice <b>JAPAN</b></p>	<p style="text-align: right;"><b>12)</b></p> <p>Butternut Squash Soup Colombian Stewed Flank steak Potato Veggie w/cheese Melons Rolls Cracker <b>COLOMBIA</b></p>	<p style="text-align: right;"><b>13)</b></p> <p>Egg Drop Soup Kung Pao Chicken White Rice Chinese Green Bean Stir-Fry Fortune Cookie Orange Slices <b>CHINA</b></p>	<p style="text-align: right;"><b>14)</b></p> <p>French Onion Beef Bourguignon Egg Noodles Ratatouille Crème Brulee <b>FRENCH</b></p>	<p style="text-align: right;"><b>15)</b></p> <p>Chicken Soup Chicken &amp; Rice Baked Yucca Fries Veggies Pineapple <b>PANAMA</b></p>
<p style="text-align: right;"><b>16)</b></p> <p>Chicken &amp; Leek Scottish Shepard's Pie Root veggies Roll/cracker Baked apples <b>SCOTTLAND</b></p>	<p style="text-align: right;"><b>17)</b></p> <p>Lemon Chicken Chicken Gyro style w/ Tzatziki Greek pasta salad Hummus w/ Pita Baked apples <b>GREEK</b></p>	<p style="text-align: right;"><b>18)</b></p> <p>Thai Coconut Thai style Tilapia Sticky Rice Cucumber Salad Coconut-Mango <b>THAILAND</b></p>	<p style="text-align: right;"><b>19)</b></p> <p>Garden Salad Turkey Dressing Mash Potato w/ Gravy Green Beans Pumpkin Pie slice <b>*Wynn Las Vegas Holiday Luncheon*</b></p>	<p style="text-align: right;"><b>20)</b></p> <p>Chicken Soup Beef w/ Lemongrass Rice Green Beans w/ Baked Tofu Orange Slices <b>VIETNAM</b></p>	<p style="text-align: right;"><b>21)</b></p> <p>Beef Veggie Soup Pumpkin Beef Stew Roast Potato Corn on The Cob Rolls Cracker Mixed Fruit <b>Chile</b></p>	<p style="text-align: right;"><b>22)</b></p> <p>Fish Stew Soup Brazilian Chicken w/ Coconut Milk Brazilian Collards White Rice Fruit cup <b>BRAZIL</b></p>
<p style="text-align: right;"><b>23)</b></p> <p>Polish Chicken &amp; Dumplings Stewed Cabbage Egg noodles Cucumber salad Melons <b>POLAND</b></p>	<p style="text-align: right;"><b>24)</b></p> <p>Tofu Soup Beef Short Ribs Glass Noodle W/ Veggies Korean Cucumber Salad Pineapple <b>KOREA</b></p>	<p style="text-align: right;"><b>25)</b></p> <p style="text-align: center;"><b>CLOSED HOLIDAY</b></p> 	<p style="text-align: right;"><b>26)</b></p> <p>Butternut Squash Soup Asian salmon Canadian Zucchini Alfredo Garlic bread Pears <b>CANADA</b></p>	<p style="text-align: right;"><b>27)</b></p> <p>Chicken Noodle Roasted Beef Ribs Collard greens Corn On Cob Corn Bread Pecan Pie slice <b>USA</b></p>	<p style="text-align: right;"><b>28)</b></p> <p>Sweet Potato Kale Spanish Cod Spinach Garbanzo Roasted Potato Pears Rolls Cracker <b>SPAIN</b></p>	<p style="text-align: right;"><b>29)</b></p> <p>Jamaican Spinach Soup Jerk Chicken Jamaican Rice Jamaican Cabbage Pineapple <b>JAMAICA</b></p>

\*Milk is offered at Breakfast and Lunch. Reviewed by Geri Lynn Grossan, RDN 11-29-18