

LUNCH MENU

ADULT DAY CARE CENTER OF HENDERSON

DECEMBER 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>30) OUR ADULT DAY CARE CENTER OF LAS VEGAS IS OPEN 8:00 AM – 6:00 PM</p>	<p>31) Potato Kale Soup Irish Shepard's Pie beef Scalloped Potato Cabbage Roll Cracker Irish Apple Cake IRELAND</p>					<p>1) Chicken Tortilla Chicken cheese Enchiladas Tortilla Mexican Rice Black Beans Mexican layered Cornbread Melons MEXICO</p>
<p>2) OUR ADULT DAY CARE CENTER OF LAS VEGAS IS OPEN 8:00 AM – 6:00 PM</p>	<p>3) Vegetarian Moroccan Soup Baked African Chicken Egyptian Rice Lentil Cabbage Dish Sliced Oranges AFRICA</p>	<p>4) Chicken Matzo Ball Baked Chicken Lentils & Rice Spinach w/ Chickpeas Fresh Dill Peaches ISRAEL</p>	<p>5) Chicken Rice Soup Chicken Noodles Sautéed Green Beans Banana slices PHILIPPINES</p>	<p>6) Turkish Red Lentil Soup Turkish Kebabs w/ Haydari , Pita Zucchini w/ Dill Yogurt Sauce Mixed Fruit TURKEY</p>	<p>7) Beef Sausage Chicken Marsala Mushroom Risotto Garlic Parmesan Asparagus Yogurt w/ fruit ITALY</p>	<p>8) Beef Soup Bake Fish & Chips Hush Puppies Roasted Brussel Sprouts Pears Roll ENGLAND</p>
<p>9) OUR ADULT DAY CARE CENTER OF LAS VEGAS IS OPEN 8:00 AM – 6:00 PM</p>	<p>10) White Chicken Chile Auzzie Shearer's mincemeat & Potato Pot Pie Quinoa Black Beans Roll Peaches AUSTRALIA</p>	<p>11) Japanese Chicken Soup Chicken & Noodle Zucchini & Onion Stir-Fry Japan Fruit Pie slice JAPAN</p>	<p>12) Butternut Squash Soup Colombian Stewed Flank steak Potato Veggie Melons Rolls, Cracker COLOMBIA</p>	<p>13) Egg Drop Soup Kung Pao Chicken White Rice Chinese Green Bean Stir-Fry Fortune Cookie Orange Slices CHINA</p>	<p>14) French Onion Soup Beef Bourguignon Egg Noodles Ratatouille Crème Brulee FRENCH</p>	<p>15) Chicken Soup Chicken & Rice Baked Yucca Fries Veggies Pineapple PANAMA</p>
<p>16) OUR ADULT DAY CARE CENTER OF LAS VEGAS IS OPEN 8:00 AM – 6:00 PM</p>	<p>17) Lemon Chicken Chicken Gyro style w/ Tzatziki Greek pasta salad Hummus Pita Baked apples GREEK</p>	<p>18) Thai Coconut Thai style Tilapia Sticky Rice Cucumber Salad Coconut-Mango THAILAND</p>	<p>19) Garden Salad Turkey Dressing Mashed Potato w/ Gravy Green Beans Pumpkin Pie slice *Wynn Las Vegas Holiday Luncheon*</p>	<p>20) Chicken Soup Beef w/ Lemongrass Rice Green Beans w/ Baked Tofu Orange Slices VIETNAM</p>	<p>21) Beef Veggie Soup Pumpkin Beef Stew Roast Potato Corn on The Cob Rolls /Cracker Mixed Fruit Chile</p>	<p>22) Fish Stew Soup Brazilian Chicken w/ Coconut Milk Brazilian Collards White Rice Fruit cup BRAZIL</p>
<p>23) OUR ADULT DAY CARE CENTER OF LAS VEGAS IS OPEN 8:00 AM – 6:00 PM</p>	<p>24) Tofu Soup Beef Short Ribs Glass Noodle W/ Vegetables Korean Cucumber Salad Pineapple KOREA</p>	<p>25) CLOSED HOLIDAY </p>	<p>26) Butternut Squash Soup Asian salmon Canadian Zucchini Alfredo Garlic bread Pears CANADA</p>	<p>27) Chicken Noodle Roasted Beef Ribs Collard greens Corn On Cob Corn Bread Pecan Pie slice USA</p>	<p>28) Sweet Potato Kale Spanish Cod Spinach w/ Garbanzo Roasted Potato Pears Rolls / Cracker SPAIN</p>	<p>29) Jamaican Spinach Soup Jerk Chicken Jamaican Rice Jamaican Cabbage Pineapple JAMAICA</p>

*Milk is offered at Breakfast and Lunch. Reviewed by Geri Lynn Grossan, RDN 11-29-18