

**LUNCH MENU
SUNDAY**

**ADULT DAY CARE CENTER OF HENDERSON
TUESDAY WEDNESDAY THURSDAY**

**JULY 2019
SATURDAY**

MONDAY

FRIDAY



StockpilingMoms.com

7) WE ARE CLOSED. OUR ADULT DAY CARE CENTER OF LAS VEGAS IS OPEN Every Sunday 8:00 AM – 6:00 PM

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**1) Veggie Soup
Beefy Sloppy Joe's on/ Wheat bun
Sun Chips
Green Beans
Orange Slices**

**8) Turkey Rice Soup
Grilled Tarragon Chicken Breast w/ cream sauce
Mashed Potato
Broccoli
Cantaloupe**

**15) Hearty Vegetable Soup
Tuna on a bed of lettuce
Grilled Tomatoes
Pears

*POPSICLE DAY***

**22) Green Salad
Herb Baked Chicken
Brown Rice
Succotash
Sliced Oranges**

**29) Minestrone Soup
Baked Chicken Breast
Roasted Potatoes
Sauté Vegetables
Sliced Oranges

*ICE CREAM DAY***

**2) Cucumber Salad
Turkey Meat Balls
Mashed Potatoes
Broccoli Spears
Yogurt w/ Fruit**

**9) Green Salad
Lemon Pepper Grilled Fish
Brown Rice
Broccoli
Yogurt w/ Fruit**

**16) Turkey Chili Soup
Summer Fruit Salad w/ boiled eggs, cottage cheese, melon, peaches & strawberry w/ mint Honey Lime Dressing**

**23) Green Salad
Ravioli w/ Cheese
Tomato Sauce
Vegetables
Sliced Peaches**

**30) Cream Of Veggie
Beef Taco w/ lettuce, tomato
Pinto Beans w/ Rice
Strawberries w/ Cream**

**3) Broccoli Soup
Cheese Burger w/ Lettuce & Tomato
Baked French Fries
Strawberries w/Cream**

**10) Tomato Soup
Beef Meatloaf
Baked Sweet Potatoes
Green Beans
Orange Slices**

**17) Garden Salad
Beef Spaghetti
Mixed Veggies
Garlic Bread
Strawberry w/ Cream

*BLUEBERRY SMOOTHIE DAY***

**24) Egg Drop Soup
Beef w/ Lo-Mein
Noodles Mixed Veggies
Pineapple Slices

*Birthday Cake***

**31) Garden Soup
BLT/TurkeyBacon
Lean Turkey on wheat bread w/lettuce & tomato
Sun Chips
Pears**

**4) Green Salad
Vegas Bar-B-Que
Chicken
Potato Salad
Baked Beans
Watermelon

4th OF JULY PARTY**

**11) Spinach Salad
Chicken Parmesan w/ tomato sauce
Baked Ziti
Yellow Squash
Pineapple Slices**

**18) Chicken Noodle Soup
Turkey Sandwich w/ cheese, lettuce & tomato
Baked Sweet PotatoFries
Yogurt w/ Fruit**

**25) Green Salad
Chicken Fettuccini
Squash & Zucchini
Strawberry w/ Cream**



**5) Asian Salad Teriyaki
Chicken Stir Fry
Vegetables
Steamed Rice
Honey Dew Melon**

**12) House Salad w/ Lettuce & Tomato
Chicken Fingers
Baked Potato Fries
Honey Dew melon**

**19) Three Bean Soup
Fish Fillet Sandwich w/ cheese, lettuce & tomato
Sun Chips
Pineapple**

**26) Spinach Salad
Fish Fry
French Fries
Hush puppies
Yogurt w/ Fruit**



**6) Veggie Soup
Tuna Salad
Sandwich w/ lettuce & tomato
Sun Chips
Sliced Peaches**

**13) Green Salad
Italian Turkey Meatballs over Pasta
Mixed Vegetables
Pears

*ICE TEA DAY**

**20) House Salad
Grilled Chicken Breast
Rice w/ Gravy
Peas & carrots
Pears**

**27) Green Salad
Beefy Sloppy Joes on wheat bun
Sun Chips
Sliced Oranges**



*Milk is offered at Breakfast and Lunch.