

**LUNCH MENU
SUNDAY**

MONDAY

**ADULT DAY CARE CENTER OF LAS VEGAS
TUESDAY WEDNESDAY THURSDAY**

FRIDAY

**AUGUST 2019
SATURDAY**



4)
Green Salad
Baked Chicken
Cauliflower Mac & Cheese
Green Beans
Honey Dew Melon

5)
Veggie Soup
Grilled Turkey
Cheese on wheat
sourdough bread w/
Lettuce & tomato
Potato Salad
Pears

6)
Veggie Soup
Salmon Croquette
Burgers on Bun
Topped
w/cucumber relish
Steamed Rice
Honey Dew Melon

7)
Green Salad
Beef Spaghetti
over Angel Hair
Pasta
Green Beans
Orange Slices
SMOOTHIE DAY

1)
Tomato Soup
Tuna Salad on bed
of lettuce w/
Tomato
Italian Crusted
Bread
Pineapples

2)
3 Bean Salad
Turkey Club
Sandwich w/
Cheese,
Lettuce & tomato
Corn Chips
Sliced Nectarines

3)
Chopped Green
Salad
Chicken Fingers
Sweet Potato Fries
Broccoli Spears
Orange slices

11)
Broccoli Soup
Turkey Taco
Cheese Burger on
Bun Lettuce &
Tomato
Bkd Potato Fries
Pineapples

12)
Broccoli Soup
Chicken Filet
Sandwich w/
Lettuce & Tomato
Bkd Zucchini Fries
Honey Dew Melon
ITALIAN ICE DAY

13)
Veggie Corn
Chowder
Texas Bar-B-Q
Chicken
Potato Salad
Peaches & Cream

14)
Cucumber Salad
Grilled Beef
Burger w/ Lettuce
& Tomato
Bkd French Fries
Mango Slices

15)
Green Salad
Tuna Sub Sandwich
w/ Cheese, Lettuce &
Tomato
Baked Potato Chips
Pears

16)
Cream Veggie Soup
Chicken Quesadilla
Yellow/Green
Squash
Medley
Cantaloupe
TEA SOCIAL

17)
Cream of Tomato
Soup
Grilled Turkey
Cheese Sandwich
Bkd Zucchini Fries
Orange Slices


18)
Vegetable Soup
Italian Pasta Salad
Roasted Chicken w/
Olives Vegetables
Zucchini
Fresh Sliced Pears

19)
Beef Veggie Chili
Summer Fruit
Salad w/ Mint
Honey Lime
Dressing Boiled
eggs
Cottage Cheese
Yogurt w/ Granola

20)
Green Salad
Baked Fish
Lemon Herb Rice
Green Beans
Honey Dew Melon

21)
Tomato Veggie
Soup
Hot Roast Beef on
Rye Bread
Potato Salad
Fruit
POPSICLE DAY

22)
Broccoli Soup
Tuna Melt
Sandwich on Rye
Bread
Zucchini Fries
Apple Cinnamon
Slices

23)
Green Salad
Hawaiian Chicken
Sweet Potatoes
Green Beans
Tropical
Strawberries &
Pineapple
LUAU 

24)
Beef Veggie Soup
Turkey Salad
Sandwich
Multi Grain Chips
Sliced Pears

25)
Turkey Noodle
Soup
Cheese Chicken
Pizza
Green Salad
Cantaloupe

26)
Turkey Rice Soup
Grilled Lemon
Chicken Spinach
Salad
Peaches

27)
Cream of Veggie
Soup
Turkey Tacos w/
Cheese, Lettuce,
And Tomato
Black Beans &
Rice
Strawberries

28)
Green Salad
Italian Beef
Meatballs Over
Wheat Pasta
Zucchini
Pears
BIRTHDAY CAKE

29)
Spinach Salad
Baked Fish
Tenders
Cauliflower Mac &
Cheese
Green Beans
Pineapples

30)
Asian Veggie
Noodle Soup
Teriyaki Chicken
Stir Fry w/
Vegetables
Over Bed of Rice
Orange Slices

31)
Chicken Veggie
Soup
Beefy Sloppy Joes
w/ Cheese on a
bun
Bkd Zucchini Fries
Sliced Pears

***Milk is offered at Breakfast and Lunch.**