

# LUNCH MENU

# ADULT DAY CARE CENTER OF LAS VEGAS

APRIL 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



7)  
Cream of Veggies  
Soup Taco Salad w/  
meat, cheese,  
lettuce & tomatoes  
Cinnamon Yogurt w/  
Granola

14)  
Spinach Soup  
Chicken Filet  
Sandwich w/  
Lettuce & Tomato  
Corn chips  
Apple Slices

21)  
Tomato Soup  
Grilled Turkey &  
Cheese Sandwich  
on Wheat Bread  
3 Bean Salad  
Cantaloupe

28)  
Asian Green Salad  
Sweet & Sour  
Chicken on Rice  
Stir Fry Vegetables  
Navel Oranges  
*\*Oatmeal Cookie Day\**

1)  
Split Pea Soup  
Hot Sloppy Joe w/  
Cheese Sandwich  
on Wheat Bun  
Baked Potato Fries  
Zucchini  
*April Fool's Cookies*  
Sliced Pears

8)  
Cream of Broccoli  
Soup  
Grilled Turkey &  
Cheese Sandwich  
Baked Chips  
Cantaloupe

15)  
Green Salad w/  
Tomato  
Baked Chicken  
Sweet Potatoes  
Broccoli  
Sliced Apples  
  
*\*Fruit Smoothie\**

22)  
Veggie Tortilla Soup  
Taco Salad w/ Meat,  
cheese, lettuce &  
tomato  
Sliced Apples

29)  
Split Pea Soup  
Hot Sloppy Joe w/  
Cheese Sandwich  
on Wheat Bun  
Corn Chips  
Zucchini  
Sliced Pineapples

2)  
Green Salad  
Baked Fish  
Potato Casserole  
Broccoli  
Apple Crumble

9)  
Veggie Soup  
Grilled BBQ  
Chicken  
Coleslaw  
Beans  
Cinnamon Apples  
  
*\*Spring Carrot Cake\**

16)  
Beef Veggie Soup  
Chicken Salad  
Sandwich w/  
Lettuce & Tomatoes  
Multi Grain Chips  
Sliced Nectarines

23)  
Spinach Salad  
Baked Orange  
Chicken  
Egg Noodles  
Cauliflower  
Sliced Pears

30)  
Beef Veggie Soup  
Baked Chicken  
Strips  
Wild Rice  
Zucchini Salad  
Sliced Pears

3)  
Turkey Veggie Soup  
Chicken Strips  
Jasmine Rice  
Green Salad  
Apricots w/ Cream

10)  
Cucumber Salad  
Meatloaf  
Steamed Rice  
Green Beans  
Sliced Pears

17)  
Cream Tomato  
Soup  
Grilled Turkey &  
Cheese  
Zucchini Fries  
Honey Dew Melon

24)  
Veggie Soup  
Green Salad  
Tuna Melt on Rye  
Multi Grain chips  
Orange Slices  
*\*BIRTHDAY CAKE\**

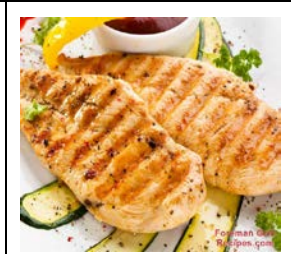


4)  
Turkey Veggie  
Chowder  
Fish Filet Sandwich  
Sweet potatoes  
Cole Slaw  
Strawberries w/  
Cream

11)  
Gazpacho Soup  
Hamburger w/  
Cheese, Lettuce &  
Tomato  
Multi grain Chips  
Orange Slices

18)  
Broccoli Soup  
Tuna Salad on a  
Bed of Lettuce,  
Tomatoes &  
Cucumbers  
Yogurt w/ Fruit

25)  
Green Salad  
Baked Fish  
Potatoes  
Creamed Spinach  
Cantaloupe

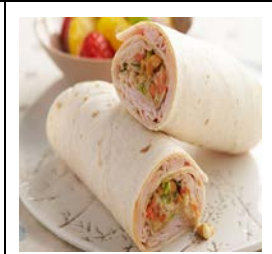


5)  
Spinach Salad  
Spaghetti  
w/Turkey meat  
sauce  
Green Beans  
Orange Smile  
slices

12)  
Cream of Veggie  
Soup  
Turkey Wraps w/  
Lettuce &  
Tomatoes  
3 Bean Salad  
Zucchini Fries  
Apricots

19)  
Spinach Salad  
Roasted Turkey  
Mashed Potatoes  
Stuffing w/ Gravy  
Green Beans  
Homemade  
Banana Pudding  
  
*\*Spring Lunch\**

26)  
3 Bean Soup  
Chicken, Turkey,  
Bacon Club w/  
Lettuce & Tomato  
Potato Fries  
Yogurt w/ Granola



6)  
Veggie Soup  
Fish Filet w/  
Lettuce & Tomato  
Baked Tater Tots  
Pineapple Slices

13)  
Veggie Soup  
Green Salad  
Chicken Quesadilla  
Spanish Rice  
Black Beans  
Pineapple Slices

20)  
Chile Bean Soup  
Chef Salad w/  
boiled eggs,  
cheese, turkey,  
bacon, and  
cucumbers  
Orange Slices

27)  
Turkey Veggie  
Soup  
Cheese Pizza  
Green Salad  
Orange Slices



\*Milk is offered at Breakfast and Lunch.